

Inquiry About Fitness Assessments and Evaluations

Date: [Insert Date]

To Whom It May Concern,

I hope this message finds you well. My name is [Your Name], and I am interested in learning more about the fitness assessments and evaluations offered at your facility. I am particularly curious about the types of assessments available, the criteria used, and any recommended evaluations for different fitness levels.

Furthermore, I would appreciate any information on how often these assessments are conducted, the process for scheduling an appointment, and the associated costs.

Thank you for your assistance. I look forward to your response.

Sincerely,

[Your Name]

[Your Contact Information]