Appointment Request for Nutrition Guidance

Date: [Insert Date]

[Your Name]
[Your Address]
[City, State, Zip Code]
[Your Email Address]
[Your Phone Number]

[Recipient's Name]
[Nutritionist's Clinic Name]
[Clinic Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to request an appointment for nutrition guidance. I am looking to improve my dietary habits and overall health, and I believe your expertise would greatly assist me in achieving my goals.

Please let me know your availability for a consultation. I am flexible with my schedule and can adjust to a time that works best for you.

Thank you for considering my request. I look forward to your response.

Sincerely,
[Your Name]