Book Publishing Submission Letter

[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date]

[Publisher's Name] [Publisher's Address] [City, State, Zip Code]

Dear [Publisher's Name],

I am writing to submit my manuscript titled "*[Title of Your Self-Help Book]*" for your consideration. This book aims to [briefly explain the purpose and target audience of your book].

The manuscript is approximately [word count] words in length and is designed to [explain the unique aspects of your book, such as its approach or techniques]. I believe this book will resonate with [describe your target market].

As a [your background, credentials, or previous publications], I bring [mention any relevant experience or expertise]. I have attached the complete manuscript along with a synopsis and my author bio for your review.

Thank you for considering my work. I look forward to your feedback and hope to discuss the possibility of publishing "[*Title of Your Self-Help Book*]" with you soon.

Sincerely, [Your Name]