[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date]

[Manager's Name] [Company Name] [Company Address] [City, State, Zip Code]

Dear [Manager's Name],

I am writing to formally request a medical leave of absence from work due to [brief explanation of the medical condition]. I anticipate needing to take leave from [start date] to [end date], depending on my recovery progress.

I will ensure that my responsibilities are managed in my absence and will be happy to assist in training someone to cover my duties during this time. Additionally, I will keep you updated about my condition and my expected return date.

Thank you for considering my request. I look forward to your understanding and support.

Sincerely,

[Your Name]