## **Appointment Reminder**

Dear [Client's Name],

This is a friendly reminder for your upcoming holistic health appointment on [Date] at [Time]. We will meet at [Location].

Please remember to bring any necessary items and to arrive at least 10 minutes early.

If you have any questions or need to reschedule, feel free to contact us at [Contact Information].

Looking forward to seeing you soon!

Best Regards,
[Your Name]
[Your Practice Name]
[Your Contact Information]