## **Reminder: Mental Health Awareness Event**

Dear [Recipient's Name],

This is a friendly reminder about the upcoming Mental Health Awareness Event scheduled for [date] at [time]. The event will take place at [venue/location].

We have a lineup of engaging speakers, informative sessions, and interactive activities aimed at raising awareness and promoting mental well-being.

We encourage you to join us and feel free to bring along friends and family!

Thank you for your commitment to mental health awareness.

Best regards, [Your Name] [Your Position] [Your Organization]