

FOR IMMEDIATE RELEASE

Date: [Insert Date]

Contact:

[Your Name]
[Your Title]
[Organization Name]
[Phone Number]
[Email Address]

Headline: Join Us for the [Event Name] to Raise Mental Health Awareness

[City, State] -- [Organization Name] is excited to announce the upcoming [Event Name], a community event dedicated to raising awareness about mental health issues. The event will take place on [Date] at [Location], starting at [Time].

During this event, attendees will have the opportunity to participate in workshops, hear from mental health professionals, and engage in activities designed to promote mental well-being.

"We believe that mental health is just as important as physical health," said [Spokesperson Name, Title]. "Our goal is to educate the community about mental health issues and provide resources to those in need. Everyone is welcome to join us."

The [Event Name] will feature keynote speakers, interactive sessions, and informational booths, making it a well-rounded experience for all participants.

Participants are encouraged to register in advance by visiting [Website URL] to secure their spot. Admission is free, and donations are welcomed to support ongoing mental health initiatives in our community.

For more information about the event or to schedule an interview with [Spokesperson Name], please contact [Your Name] at [Phone Number] or [Email Address].

Let's work together to break the stigma around mental health!

###

[Organization Name] is a [Brief Description of the Organization]. Our mission is to [Mission Statement].