

You're Invited to a Sunrise Yoga Session!

Dear [Name],

We are excited to invite you to our upcoming **Sunrise Yoga Session** tailored specifically for beginners!

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Location]

Join us for a refreshing start to your day as we practice gentle yoga poses and mindfulness under the rising sun. This session will help you unwind, connect with your breath, and find inner peace in a supportive and welcoming environment.

Please bring:

- A yoga mat
- Comfortable clothing
- Water bottle

Whether you're new to yoga or looking to rejuvenate your practice, we would love to have you with us!

Kindly RSVP by [RSVP Date].

Looking forward to seeing you there!

Warm Regards,

[Your Name]

[Your Contact Information]