

# You're Invited to Our Exclusive Sunrise Yoga Session

Dear Advanced Practitioners,

Join us for a rejuvenating sunrise yoga session designed specifically for experienced yogis. Experience the beauty of nature as we greet the dawn and deepen our practice.

## Details of the Session:

- **Date:** Saturday, October 14, 2023
- **Time:** 6:00 AM - 7:30 AM
- **Location:** Ocean View Park
- **Instructor:** Maya Chen

Please bring your own mat, water bottle, and a beach towel. Dress comfortably and be prepared for an invigorating session.

Kindly RSVP by October 7, 2023, to ensure your spot.

We look forward to sharing this magical experience with you!

Namaste,

The Yoga Team