

Dear Church Family,

As we approach Mental Health Awareness Month this May, we invite you to join us in a special celebration to raise awareness and support for mental health in our community.

This year's theme is "Hope and Healing." We will have various activities including workshops, guest speakers, and prayer sessions designed to foster understanding and compassion for those who struggle with mental health issues.

Event Details:

Date: May 15, 2023

Time: 10:00 AM - 4:00 PM

Location: Church Fellowship Hall

We encourage everyone to participate in this important initiative, whether through volunteering, attending, or simply spreading the word. Together, we can create a supportive environment that promotes mental well-being.

For more information or to sign up for volunteering, please contact the church office at (123) 456-7890 or email us at info@church.org.

Let us come together in love and support, reminding each other that we are not alone in our struggles and that there is hope in healing.

In Christ's Love,

[Your Name]

[Your Position]

[Church Name]