

Dear Meditation Group Members,

We hope this message finds you well and in good spirits. We are writing to inform you of a change in the scheduling of our upcoming meditation group meetings.

New Meeting Schedule:

- **Previous Date:** Every Wednesday at 7:00 PM
- **New Date:** Every Thursday at 6:30 PM

We believe this change will allow more members to join and participate actively in our sessions. The new timing will commence from **October 12, 2023**.

Thank you for your understanding and flexibility. If you have any questions or concerns, please feel free to reach out.

Looking forward to seeing you all at our next meeting!

Best regards,
[Your Name]
[Your Position]
[Church Name]