

# Reminder: Upcoming Church Meditation Group Gathering

Dear [Name/Group],

This is a friendly reminder about our upcoming church meditation group gathering scheduled for **[Date]** at **[Time]**.

The gathering will take place at **[Location]**. We encourage you to arrive a few minutes early to settle in and prepare for a peaceful session.

Please bring along your meditation mats and any personal items you may need.

We look forward to sharing this time of tranquility and reflection with you.

Blessings,

[Your Name]

[Your Position/Role]

[Church Name]