

Dear [Participant's Name],

We hope this message finds you well. We would like to extend our heartfelt gratitude for your participation in our recent meditation sessions at [Church Name]. Your presence truly enriches our community.

To ensure that we continue to meet the needs of our participants, we would greatly appreciate your feedback on the meditation group. Your insights are invaluable in helping us improve our sessions.

Feedback Questions:

1. What did you enjoy most about the meditation sessions?
2. What aspects do you think could be improved?
3. Are there any specific topics or themes you would like us to explore in future sessions?
4. Any additional comments or suggestions?

Please take a moment to respond to this email with your thoughts. Your feedback will contribute to creating a more fulfilling experience for everyone involved.

Thank you once again for being a part of our meditation group. We look forward to hearing from you!

Blessings,
[Your Name]
[Your Position]
[Church Name]