Dear [Recipient's Name],

I hope this letter finds you well. I wanted to take a moment to encourage you to consider attending the upcoming grief sessions at our church. These gatherings provide a safe space for healing and support as we navigate through the complexities of loss.

It's important to know that you are not alone in this journey. Our community is here for you, and these sessions can offer comfort and understanding among those who share similar experiences.

As we come together to share our stories and support one another, I truly believe that you will find solace and strength. Please join us; your presence would be a cherished addition to our group.

Take care, and remember that you are always in our thoughts and prayers.

With warmth and kindness,

[Your Name]

[Your Contact Information]