Community Announcement

Dear Community Members,

We are excited to announce the launch of our new Health and Wellness Library Program, aimed at promoting healthy lifestyles and well-being within our community.

Program Details:

- Start Date: January 15, 2024
- Location: Community Library, Main Hall
- **Time:** Every Saturday, 10 AM 12 PM

This program will feature:

- Workshops on nutrition and healthy eating
- Fitness classes suitable for all levels
- Resources on mental health and wellness
- Special guest speakers from the health community

We invite everyone to join us in promoting a healthier community. Together, we can make a difference!

For more information, please contact us at:

Email: healthwellness@communitylibrary.org

Phone: (123) 456-7890

Thank you for your support, and we look forward to seeing you there!

Sincerely,

The Health and Wellness Committee