

Physical Training Service Agreement

Date: [Insert Date]

Client Name: [Insert Client Name]

Address: [Insert Client Address]

1. Services Provided

The trainer will provide physical training services including fitness assessments, personalized training sessions, and nutritional guidance.

2. Fees and Payment

The client agrees to pay [Insert Fee] per session. Payments are due at the beginning of each session.

3. Cancellation Policy

Clients must provide at least 24 hours notice for cancellations. Failure to do so will result in a cancellation fee of [Insert Amount].

4. Health and Safety

The client is responsible for reporting any health issues to the trainer prior to commencing training sessions.

5. Agreement Term

This agreement will remain in effect until either party provides written notice of termination.

By signing below, both parties agree to the terms stated above.

Client Signature

Trainer Signature