

# Personal Coaching Agreement

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_

Coach Name: \_\_\_\_\_

## 1. Introduction

This agreement outlines the terms and conditions of the coaching services provided by the Coach to the Client.

## 2. Objectives

The objective of this coaching engagement is to assist the Client in achieving personal and professional goals, including but not limited to:

- Goal 1
- Goal 2
- Goal 3

## 3. Session Details

Coaching sessions will be conducted:

- Frequency: \_\_\_\_\_
- Duration: \_\_\_\_\_
- Location: \_\_\_\_\_

## 4. Fees

The fee for coaching services is \$\_\_\_\_\_ per session, payable in advance or as agreed upon.

## 5. Confidentiality

Both parties agree to maintain confidentiality regarding all information discussed during coaching sessions.

## 6. Cancellation Policy

Cancellations must be made at least 24 hours in advance. Failure to do so may result in a cancellation fee.

## **7. Agreement Signatures**

By signing below, both parties agree to the terms outlined in this agreement.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_