

Fitness Trainer-Client Contract

Date: [Insert Date]

Trainer Name: [Insert Trainer Name]

Client Name: [Insert Client Name]

Terms of Agreement

This contract outlines the agreement between the Fitness Trainer and the Client for personal training services.

Services Provided

- Personalized fitness training sessions
- Nutritional guidance
- Progress tracking and evaluation

Duration of Contract

This contract will commence on [Start Date] and will continue until [End Date].

Payment Terms

The total fee for services will be [Insert Amount], payable upon signing this contract.

Cancellation Policy

Clients must provide at least [Insert Time Frame] notice for cancellations.

Signatures

By signing below, both parties agree to the terms and conditions outlined in this contract.

Trainer Signature: _____

Date: _____

Client Signature: _____

Date: _____