

# Fitness Coaching Agreement

Date: [Insert Date]

Client Name: [Insert Client Name]

Client Address: [Insert Client Address]

Dear [Client Name],

This agreement outlines the terms and conditions of the fitness coaching services provided by [Coach Name] to [Client Name].

## 1. Services Provided

[Coach Name] will provide the following services:

- Personalized fitness plan
- Weekly coaching sessions
- Nutrition guidance
- Progress tracking

## 2. Duration of Agreement

This agreement will commence on [Start Date] and will continue for [Duration].

## 3. Payment Terms

The total fee for coaching services is [Total Fee], payable as follows:

- Initial payment of [Initial Payment]
- Remaining balance of [Remaining Balance] due on [Due Date]

## 4. Cancellation Policy

In the event of cancellation, a notice of [Notice Period] is required.

## 5. Confidentiality

All client information will be kept confidential.

By signing this agreement, both parties agree to the terms outlined above.

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[Client Name] - Client Signature

Date: \_\_\_\_\_

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[Coach Name] - Coach Signature

Date: \_\_\_\_\_