

Letter of Acknowledgment for Emotional Assistance

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to formally acknowledge and express my gratitude for the emotional assistance you have provided me during [specific situation or time period]. Your support has been invaluable, and I truly appreciate the time and effort you devoted to helping me navigate through this challenging period.

Your understanding, listening ear, and compassionate words have made a significant difference in my life. I felt heard and validated, which has helped me to begin healing and moving forward.

Thank you once again for being there for me. I look forward to keeping in touch and sharing my progress with you.

Sincerely,

[Your Name]

[Your Address]

[Your Email]

[Your Phone Number]