Dear [Mentor's Name],

I hope this message finds you well. I want to take a moment to express my heartfelt appreciation for your guidance and support during my journey.

Your mentorship has been invaluable to me. The insights and knowledge you have shared have greatly influenced my growth and confidence in [specific area or skill]. Your encouragement during challenging times has motivated me to strive for excellence.

Thank you for believing in me and for investing your time in my development. I am truly grateful for everything you have done, and I hope to make you proud as I continue to grow and learn.

Looking forward to staying in touch and sharing my progress with you.

Warm regards,

[Your Name] [Your Contact Information]