Dear [Friend's Name],

I hope this letter finds you well. I wanted to take a moment to express my heartfelt gratitude for the pivotal role you have played in my emotional healing journey.

Your unwavering support during my toughest moments has been a beacon of hope for me. Whether it was your listening ear, your compassionate words, or simply your presence, I cannot thank you enough for being there.

Remember those late-night talks when I felt lost? Your ability to understand without judgment and provide comfort made all the difference. You've reminded me of my strength and helped me rediscover my sense of self.

Thank you for being such a wonderful friend. I am truly blessed to have you in my life, and I cherish our bond.

With all my love,

[Your Name]