

**Dear [Family Member's Name],**

I hope this note finds you well. I wanted to take a moment to express my heartfelt gratitude for the unwavering support you have provided during my illness.

Your constant presence, encouragement, and assistance have made this challenging time more bearable. Knowing that I have you in my corner has lifted my spirits and given me the strength to keep fighting.

Thank you for being there, whether it was for help with daily tasks or simply lending an ear to listen. Your love means the world to me, and I couldn't have faced this without your support.

With all my love and appreciation,

[Your Name]