

You're Invited!

Dear [Friend's Name],

We are excited to invite you to a Nutritional Cooking Class!

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Location]

Join us for a fun and educational cooking experience where you will learn how to prepare nutritious meals that are both delicious and healthy. Bring your apron and appetite!

Please RSVP by [Insert RSVP Date] to confirm your attendance.

Looking forward to cooking with you!

Warm regards,

[Your Name]

[Your Contact Information]