Dear [Recipient's Name],

I hope this message finds you in good spirits. I am writing to express my sincerest regrets for not being able to attend [event/place] on [date]. It was truly disappointing for me to miss out on [specific reason/event details].

Please know that my absence was not taken lightly. I value our [relationship/connection] and was looking forward to [mention any specific activities or interactions you were anticipating]. Unfortunately, [brief explanation of your absence].

I hope to make it up to you in the near future and would love the opportunity to catch up. Please let me know if we can arrange a time to meet or connect soon.

Thank you for your understanding, and I look forward to hearing from you. Again, I am truly sorry for my absence.

Warm regards,

[Your Name]

[Your Contact Information]