Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my heartfelt apologies for the guidance I provided on [specific situation]. I now realize that my words may have steered you in the wrong direction, and I deeply regret any confusion or difficulties this may have caused.

It was never my intention to mislead you, and I take full responsibility for my actions. Upon reflection, I recognize that I could have offered more thoughtful and careful advice.

Please know that I value our relationship and your trust immensely. I am committed to making things right and would be more than willing to discuss this matter further.

Thank you for your understanding, and I hope you can forgive my mistake.

Sincerely, [Your Name]