

# Letter of Regret

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for the thoughtless joke I made during [mention context or occasion]. Upon reflection, I realize that my words may have hurt you, and that was never my intention.

Humor is often subjective, and I understand that what may seem funny to one person can be deeply upsetting to another. I am truly sorry for not being more considerate of your feelings in that moment.

Please know that I respect you and value our relationship greatly. I am committed to being more mindful in the future and ensuring that my words reflect the respect I have for you.

Thank you for your understanding, and I hope to move past this. I would love to talk if you're open to it.

Warm regards,

[Your Name]