Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for the gift I gave you on [occasion or date]. Upon reflection, I realize that it was ill-considered and may not have been appropriate for you.

My intention was to show my appreciation and thoughtfulness, but I did not take into account your personal preferences, which I deeply regret. Please know that it was never my intention to cause any discomfort or disappointment.

I value our relationship greatly, and it pains me to think that my thoughtlessness could have affected it. I assure you that I have learned from this experience and will be more mindful in the future regarding gift-giving.

Thank you for your understanding and patience. I hope you can forgive my mistake, and I look forward to making it up to you.

Warmest regards, [Your Name]