Letter of Genuine Remorse

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to express my sincere apologies for the decisions I made recently that caused you disappointment and distress. Upon reflection, I realize that my choices were made in haste, without fully considering the consequences on you and our relationship.

It was never my intention to hurt you, and I deeply regret the pain my actions have caused. I understand now that I should have taken the time to think things through and assess the situation more carefully.

Please know that I am committed to learning from this experience and making amends. I value our connection and hope to rebuild the trust that has been affected.

Thank you for your understanding, and I am hopeful for the opportunity to discuss this further when you feel ready.

Sincerely,

[Your Name]