Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my sincerest apologies for my unnotified absence at [specific family event] on [date].

It was never my intention to miss out on such an important occasion, and I regret any disappointment my absence may have caused you and the rest of the family.

I truly value our family gatherings and the memories we create together. I assure you that such an incident will not happen again.

Thank you for your understanding and patience. I look forward to making it up to you and the family soon.

With all my love,

[Your Name]