

Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my sincere apologies for my lack of communication over the past few months. I understand that I have neglected our correspondence, and I deeply regret any disappointment or concern this may have caused you.

Life has been quite hectic recently, and I failed to keep in touch as I should have. It was never my intention to make you feel unvalued or ignored, and for that, I am truly sorry.

I am eager to reconnect and catch up on everything I have missed. Your thoughts and updates are important to me, and I would love to hear about what's been happening in your life.

Thank you for your understanding and patience. I hope to hear from you soon.

Warm regards,

[Your Name]

[Your Contact Information]