

Dear [Recipient's Name],

I'm writing this letter to express my sincerest apologies for the disagreement we had recently. It was never my intention to hurt you or make you feel disrespected.

Looking back, I realize that my words/actions were hurtful and didn't reflect how much I value our relationship. I truly regret any pain I caused you.

Please know that I am taking this to heart and am committed to improving myself and how I communicate. I cherish the bond we share, and nothing is more important to me than our relationship.

Can we find a time to talk? I'd love the chance to clear the air and work through this together. Thank you for considering my apology.

Sincerely,
[Your Name]