Dear [Partner's Name],

I hope this letter finds you in good spirits. I've taken some time to reflect on our recent conflict, and I want to express how truly sorry I am for what happened.

It's important to me that you know how much I value our relationship. The arguments we had made me realize how deeply I care for you and our connection. I understand that my words/actions hurt you, and for that, I am sincerely sorry.

I want to ensure that we work through this together and learn from it. You're my partner, and I believe we can come out of this even stronger. Let's discuss what happened, share our feelings, and find ways to avoid misunderstandings in the future.

I'm looking forward to hearing your thoughts and hopefully moving towards healing together. I love you and truly want to make things right.

Warm regards, [Your Name]