Letter of Apology

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to sincerely apologize for the hurtful words and actions during our recent disagreement. I understand that I caused you pain, and for that, I am truly sorry.

Reflecting on our fight, I realize how my behavior affected our relationship. It was never my intention to hurt you, and I deeply regret allowing my emotions to take control. I value our relationship and the trust we have built, and it pains me to know that I have jeopardized that.

Please know that I am committed to making amends and rebuilding the trust we once had. I am open to discussing this further and hearing your thoughts and feelings whenever you feel ready. Your feelings matter to me, and I want to understand your perspective fully.

Thank you for considering my apology. I genuinely hope we can move past this and strengthen our bond. I look forward to hearing from you and working towards a resolution.

Sincerely,

[Your Name]