

Dear [Recipient's Name],

I hope this message finds you well. I want to take a moment to sincerely acknowledge the mistakes I made during our recent argument.

Upon reflection, I realize that my words were hurtful and did not represent my true feelings. I deeply regret the way our conversation unfolded and the impact it had on our relationship.

Moving forward, I am committed to better communication and understanding. Your feelings matter to me, and I want to ensure we can openly discuss our differences without escalating into conflict.

Thank you for your patience and understanding. I value our relationship and hope we can move past this together.

Sincerely,

[Your Name]