Apology Letter for Spreading Unfounded Rumors

Dear [Colleague's Name],

I hope this message finds you well. I am writing to sincerely apologize for the unfounded rumors that I inadvertently spread among our colleagues recently. I realize that my actions have caused unnecessary confusion and concern, and I deeply regret any distress this may have caused you and others.

Upon reflection, I understand the importance of ensuring that information is accurate before sharing it. It was never my intention to create discord within our team, and I take full responsibility for my actions.

I am committed to learning from this experience and to fostering a more supportive and respectful work environment moving forward. Please know that I value our professional relationship and the trust of our team. I appreciate your understanding and patience as I work to rectify this situation.

Once again, I apologize for my thoughtlessness and any negative impact it may have had. Thank you for your understanding.

Sincerely,

[Your Name]

[Your Position]

[Your Contact Information]