

Dear [Recipient's Name],

I hope this message finds you well. I am writing to you with a heavy heart, as I have been reflecting on our recent interaction and how my words and actions may have affected you.

It was never my intention to upset you, and I am truly sorry for any pain I caused. Your feelings are important to me, and it hurts to know that I may have made you feel otherwise.

Please know that I value our relationship deeply, and I am committed to making things right. I am here to listen, and if you feel comfortable, I would love the opportunity to understand your perspective better.

Thank you for taking the time to read this letter. I sincerely hope we can move forward together, and I promise to be more mindful of my words and actions in the future.

With heartfelt regret,

[Your Name]