

Letter of Contrition

Date: [Insert Date]

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to express my sincerest apologies for the distress I caused you recently. It was never my intention to hurt you, and I deeply regret my actions.

Upon reflecting on the situation, I realize the impact my behavior had on you, and I am truly sorry for any pain I may have inflicted. I value our relationship and the trust we have built, and I am committed to making amends.

Please know that I am taking steps to ensure this does not happen again. I am more than willing to talk and listen to how my actions affected you, as your feelings are important to me.

Thank you for considering my apology. I hope we can move forward together.

Sincerely,

[Your Name]