

Dear [Spouse's Name],

I want to take a moment to express how deeply I care for you and how much your well-being means to me. Life can sometimes throw challenges our way, and I want you to know that it's okay to feel vulnerable.

Even in the toughest of times, I believe in us and our ability to grow stronger together. Your strength inspires me, and your kindness fills my heart with gratitude. Remember that it's okay to lean on me when you need support; I am here for you, always.

Let's take this journey of healing together. I am committed to listening, understanding, and nurturing our love as we move forward. I believe in brighter days ahead for both of us.

With all my love,

[Your Name]