Letter of Contrition

Date: [Insert Date]

Dear [Teacher's Name],

I hope this message finds you well. I am writing to express my sincere contrition regarding my below-average grades this semester. I understand that my performance has not met the expectations set for me, and I take full responsibility for this outcome.

Several factors have contributed to my struggles, including [briefly mention challenges faced, e.g., personal issues, time management, or subject difficulty]. However, I recognize that I must prioritize my education and seek help when needed. I am committed to improving my grades and would greatly appreciate any guidance or resources you could provide.

Thank you for your understanding and support. I am determined to turn things around and demonstrate my dedication to my studies. I look forward to your feedback and any recommendations you may have.

Sincerely,

[Your Name]
[Your Class/Grade]
[Your Contact Information]