Dear [Recipient's Name],

I hope this message finds you well. I want to take a moment to sincerely acknowledge the disagreement we had recently. Looking back, I realize that my words may have been hurtful, and I genuinely regret how things unfolded.

It was never my intention to upset you or diminish your feelings. I value our relationship deeply and understand that arguing can sometimes cloud our judgment.

Please know that I appreciate your perspective, and I am committed to working through our differences. I hope we can find a way to move forward positively and strengthen our bond.

Thank you for your understanding, and I look forward to hearing your thoughts.

Warm regards,

[Your Name]