Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for my recent actions where I misrepresented myself. It was never my intention to deceive or cause any harm.

Upon reflection, I recognize that my behavior was inappropriate and could have led to misunderstandings. I deeply regret the impact it may have had on you and our relationship.

Please know that I am committed to being truthful and transparent moving forward. I value your trust and hope to rebuild it over time.

Thank you for your understanding and patience regarding this matter.

Sincerely,

[Your Name]

[Your Contact Information]