

Dear Dad,

I hope this letter finds you well. I have been reflecting on our recent conversations and feel compelled to express my sincere regret regarding my actions.

It pains me to think that I may have hurt you or let you down. You have always been a source of strength and guidance in my life, and the last thing I would want is to cause you any distress.

I understand that my behavior was not at all what you expected from me, and for that, I am truly sorry. I want you to know that I am taking this matter seriously and am committed to making amends.

Thank you for your patience and love, even when I falter. I appreciate everything you have done for me and hope to restore the trust between us.

Sincerely,

[Your Name]