

# Dear Dad,

I hope this letter finds you well. I've been reflecting on our relationship and I want to take a moment to express my heartfelt apologies for my actions that have hurt you.

Looking back, I realize how my words and decisions may have affected you. I regret any pain I caused and wish I could take it back. You mean so much to me, and the thought of disappointing you weighs heavily on my heart.

I want to make amends and rebuild the trust we once had. I'm committed to working on myself and being a better son/daughter for you. I truly appreciate everything you've done for me, and it's important for me to show you that I recognize and value it.

Thank you for your patience and understanding. I hope we can talk and move forward together. I'm looking forward to hearing from you soon.

With love,

Your son/daughter