

Dear Dad,

I hope this letter finds you well. I have been thinking a lot about our last conversation, and I feel compelled to reach out and express my sincerest apologies for my words and actions.

Looking back, I realize how my behavior must have hurt you. You have always been my role model, and it pains me to think that I let you down. I am truly sorry for any distress I caused you.

Thank you for all the love and support you have given me throughout my life. I promise to learn from this and be more mindful of my words and actions in the future.

I hope you can find it in your heart to forgive me. I miss you and look forward to spending time together soon.

With all my love,

[Your Name]