Dear Dad,

I hope this letter finds you well. I have been reflecting on my actions lately, and I feel deeply sorry for the hurt I have caused you. My behavior was thoughtless and I regret not considering your feelings.

It pains me to know that I let you down. You have always been there for me, supporting and guiding me, and I took that for granted. I want to assure you that I am committed to making things right and learning from my mistakes.

Your opinion and care mean the world to me, and I want to earn back your trust. Please forgive me for my shortcomings; I promise to do better in the future.

Thank you for your understanding and patience. I love you more than words can express.

Sincerely, Your loving child