

Dear Dad,

I hope this letter finds you well. I've been reflecting on my actions and I realize how much I've hurt you. I am truly sorry for the pain I have caused and for not being the son/daughter you deserve.

I regret the words I said and the time we lost because of my negligence. You've always been there for me, offering support and love unconditionally, and I took that for granted. It breaks my heart to think I hurt you.

Wanting to mend our relationship, I am committed to making changes in my behavior and showing you the respect and love you deserve. I miss our time together and hope to rebuild the bond we share.

Thank you for your patience and for being an amazing father. I hope you can forgive me and give me a chance to make things right.

With all my love,

Your Son/Daughter