Dear Mom,

I hope this letter finds you well. I've been thinking a lot about our recent disagreement, and I wanted to reach out to share my feelings with you.

It's never easy to have a disagreement, especially with someone I love so much. I want you to know that I truly value our relationship, and it hurts me when we don't see eye to eye.

Even though we might not have agreed this time, I respect your perspective and appreciate everything you do for me. Your love and support mean the world to me.

Let's take some time to process this and come back together stronger. I'm here when you're ready to talk.

With all my love,

[Your Name]