

Resignation Letter

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Manager's Name]

[Company's Name]

[Company's Address]

[City, State, Zip Code]

Dear [Manager's Name],

I am writing to formally resign from my position at [Company's Name], effective [Last Working Day]. I have appreciated the opportunities for personal and professional development that you and the company have provided me.

After much consideration, I have decided to pursue a path that will allow me to focus on achieving lower stress levels and enhancing my overall well-being. This has not been an easy decision, but I believe it is necessary for my health and happiness.

I am committed to ensuring a smooth transition. I will do my best to complete my current tasks and assist in the transfer of my responsibilities during my remaining time here.

Thank you once again for the support and guidance throughout my time at [Company's Name]. I wish the company continued success in the future.

Sincerely,

[Your Name]