

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Landlord's Name]
[Landlord's Address]
[City, State, Zip Code]

Dear [Landlord's Name],

I hope this message finds you well. I am writing to formally request your permission to sublet my apartment, located at [Your Apartment Address], for personal health reasons.

Due to [briefly explain health condition or situation], I am requiring assistance with my living situation. I have found a suitable subtenant, [Subtenant's Name], who is willing to move in during my absence. [He/She/They] is reliable and has provided references that I can share upon your request.

According to our lease agreement, I understand that I must seek your approval before proceeding with the subletting process, and I am committed to ensuring the subtenant adheres to the terms of our lease.

Thank you for considering my request. I appreciate your understanding and support during this challenging time. I look forward to your prompt response.

Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]